

DCC Site Specific approval for BCU coaches and Club paddlers. **Lower river Crake**

BCU Coaches (L3 / 4*leader) may operate club activities on the river according to their coach remit only when they have been approved to do so and their names added to the club list of coaches.

Coaches / leaders with responsibility for others will have a CRB, and a first aider will be present. The group leader or another member of the group will have rescue skills appropriate to the conditions and craft in use and be in a suitable boat and equipped to carry out such a rescue.

Coaches and club paddlers may have their remit extended should they wish and their experience and skills indicate their ability to operate safely under such an extended remit. Each case will be considered on its own merit. For club paddlers and Level 1 coaches the Guidance found at BCU/coaching/Gen/Terms of Reference/V4-1/Aug13 will be used to guide this procedure.

All coaches / leaders will need to show an understanding of the following.

Practical experience of rescues and tows for the craft to be used.

Weather conditions, (esp. raising water levels- cold- state of the tide).

Leader / group equipment needed.

Safety issues with ref. to specific activities.

Correct use and sizing of equipment.

Session ratios with ref. to abilities of participants.

Session plans and areas of coaching competence.

Parental consent and medical declaration.

Non swimmer policy.

Disruptive behaviour policy.

Child protection policy.

Those coaches wishing to extend their remit will have the conditions of this recorded.

Coaches and the club will have a record that the above has been completed and the conditions under which they can operate. A summary will be available to members.

General guidelines for site specific approval – lower river Crake

Each individual will be considered according to their skill and **experience** , below is set out the general principles according to level of skill, qualifications and experience.

- 1) L3 / 4* leader/ 4* or 3*+ WWSR+ experience - R Crake from Spark Bridge to A590 road bridge.
- 2) L 1 coach + 3* + experience – Through trip on tidal limit of river (above Penny Bridge) to A590 road bridge
- 3) L1 / 3* + experience + on-site training – Slalom and/or moving water practice at and below the Greenodd weir

I confirm that _____ has fulfilled the above requirements

and is considered to be competent to operate as indicated below.

Comments: _____

Coach / leader:- _____

Assessor for DCC :- _____ Date _____

Group size and management - Lower River Crake

1) River from Spark Bridge to A590 road bridge.

The river should not be in spate and should be checked for fallen trees / logs before the decent. Group members will have good directional control, be able to ferry glide and break in + out of the flow.

Group size – 2 novice river paddlers for 1 competent river paddlers (over 18). Max group size =6.

2) Through trip on tidal limit of the river (above Penny Bridge) to A590 road bridge.

Paddlers will be of 2* standard with good directional control and confident capsize with spray deck. A chase boat will be deployed below the weir as group descend it. Do not pass A590 road bridge).

Group size – 3 novice paddlers per leader + competent paddlers.

3) Slalom and/or moving water practice at and below the Greenodd weir.

Leaders will be familiar with playing on the weir wave and the use of slalom gates hung from both sides of the bridge. Paddlers will be as for 2 above and be able to use LBT to break in and out of the flow. Safety will be provided by shore based rescue (prepared to swim) and /or an experienced chase boat located below the action.

Group size – 3 novice paddlers per leader + a competent helper and chase boat. Other competent paddlers may be on the site.