

DCC coaches and leaders at Barrow docks

(site specific endorsement)

At all times there will be a 'Responsible User' on site to ensure the correct operation of activities.

Coaches / leaders with responsibility of others will have a CRB, and a first aider will be present. The group leader or another member of the group will have rescue skills appropriate to the craft in use and be in a suitable boat and equipped to carry out such a rescue.

Coaches will operate as directed by the coach remit set by Canoe England.

This remit can be extended at the discretion of a Level 3 + coach following suitable site specific training, assessment and experience.

Similarly those with no formal coaching qualifications may also lead groups having completed the same requirements.

General guidelines for site specific use of the docks.

Each individual will be considered according to their skill and experience but below is set out the general principles according to level of skill / qualifications.

- 1) Coach + 5 * leader – at the leader's discretion.
- 2) Level 3 coach / 4* - wind to force 4, moderate waves to about 40cm.
- 3) Level 2 coach / 3* - on shore wind producing waves of about 40cm with calm lee shore.
Off shore or N-S wind producing wave of about 30cm .
- 4) Level 1 coach / 3* - as for 3) above.
- 5) Level 1 coach / 2* - slight to moderate (on shore) wind with waves about 30cm
- 6) 2* paddlers – not leaders but helpers and general independent paddling as agreed with coach.

Where * star tests are referred to this indicates the standard of the individuals paddling not that they must hold this award.